PRACTICAL SAILING GUIDE

Sailing trip packing checklist

A short companion to the full guide by Piotr Jurkowski. Adapt it to your yacht, sailing area, season and crew.

Voyage / yacht / dates	

- ☐ Soft travel bag and small daypack; documents protected from water.
- ☐ Waterproof jacket and trousers; warm mid-layer and warm hat.
- ☐ Base layers and spare dry socks suited to the season and sailing area.
- ☐ Grippy, non-marking deck shoes; spare footwear and shower sandals.
- ☐ Sunglasses with strap, sun hat and sunscreen; swimwear if appropriate.
- ☐ Bedding, sleeping bag and towel arrangements confirmed.
- ☐ Correct lifejacket sizes confirmed, particularly for children.
- ☐ Head torch, charging cable, charged power bank and phone protection.
- ☐ Regular medicines, relevant paperwork and personal health needs discussed.
- ☐ Entry documents, insurance cover, emergency contacts, payment card and cash checked.

Plan your sailing trip or training
Scan for the English website, services and contact details.
Ask about your sailing area, crew needs and dates.

This checklist supports preparation. It does not replace the full article, a yacht-specific safety briefing or the skipper's judgement.